



# VY\_32\_INOVACE\_10\_ŽIVOTNÍ STYL\_05

Autor: Mgr. Marek Dlabaja

Škola: Základní škola Slušovice, okres Zlín, příspěvková organizace

Název projektu: Zkvalitnění ICT ve slušovské škole

Číslo projektu: CZ.1.07/1.4.00/21.2400

# Anotace:

- ◆ Digitální učební materiál (DUM) pro opakování, upevňování a rozšiřování slovní zásoby a jednoduchou konverzaci s použitím interaktivní tabule nebo notebooků. Materiál je použitelný při výuce v 7. ročníku. Žáci postupně odpovídají na testové otázky, týkající se správného životního stylu. Na závěr sečtou dosažené body a přečtou si své hodnocení.
  - ◆ DUM vznikl jako doplňující materiál k učebnici: HUTCHINSON, Tom. *Project: Student's Book 3*. Oxford: Oxford University Press, 2002. ISBN 0 19 436532 8.
  - ◆ DUM rozvíjí **interaktivní řečové dovednosti** přispívající k dorozumění v běžných každodenních situacích v rámci tematických okruhů vyučovacího předmětu JAZYK ANGLICKÝ v SVP ZŠ Slušovice.
- 

How do you go to school?

Do you walk?

Do you watch TV?

Do you eat fruit and vegetables?

Do you eat junk food?

Do you do any sports?

Do you visit your friends?

Do you drink cola?

Do you play computer games?

Do you like PE?

Do you go out?

Do you drink water?

Do you spend money in vending machines?

Do you use facebook?

**The survey about your life style. First click at any question.**



# 1. How do you go to school?

a/ I walk or ride my bike.

b/ I go by bus because I live more than 1 km away from school.

c/ I go by car with my parents.



## 2. Do you walk?

a/ I don't like walking. I never walk a long way.

b/ Yes, I like walking. I walk in the mountains or in woods.  
I've got no problem to walk a long way.

c/ I only walk in our town (village).  
I can walk a longer way but I don't like it.

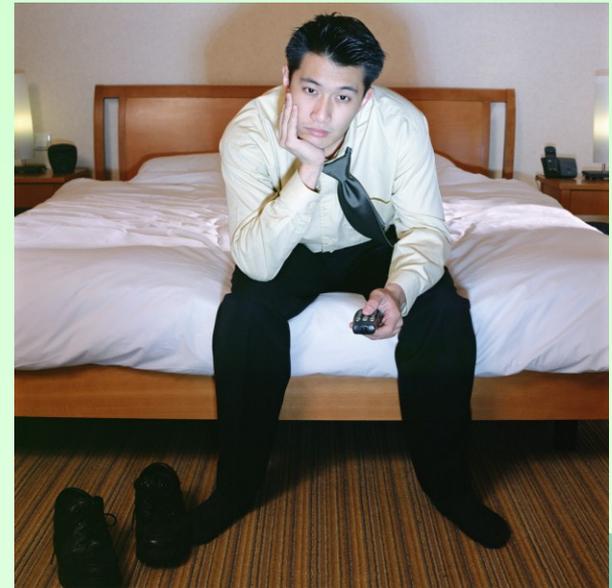


### 3. Do you watch TV?

a/ I love watching TV. I spend a lot of time watching TV.  
It's my favourite activity.

b/ I don't like watching TV. I don't often watch TV.

c/ Yes, I sometimes watch TV.  
But it's not my favourite activity.



## 4. Do you eat fruit and vegetables?

a/ Yuck! I don't like fruit and vegetables. I never eat them.

b/ I sometimes eat fruit and vegetables. I don't eat them every day.

c/ I love fruit and vegetables. I eat them every day.



## 5. Do you eat junk food?

- a/ I love chips and crisps, hamburgers, fried food.  
I often go to Mc Donald 's or other fast food places.
- b/ I like chips and crisps but I don 't eat them very often.
- c/ I don 't eat chips and crisps. I never go to Mc Donald 's.  
I never buy these meals.



## 6. Do you do any sports?

a/ I like sports but I don't often do any sports activities.  
I do sports only at school.

b/ I hate sports and physical activities. PE isn't my favourite subject.  
I never do any sports.

c/ I love sports. Sport is very important in my life.  
I do sports activities very often.



# 7. Do you visit your friends?

a/ I sometimes visit one or two friends. But it's not very often.

b/ I haven't got any friends so I don't visit anybody.

c/ I've got lots of friends. I often visit them and they often visit me.  
We also often go out together.



## 8. Do you drink cola?

a/ I never drink cola. I don't like it.

b/ I sometimes drink cola. I like it but I don't drink it very often.

c/ I love cola. It's my favourite drink. I often buy it.  
I drink many bottles of cola every week.



# 9. Do you play computer games?

a/ I don't like PC games. I never play them.

b/ I love PC games and I've got lots of them.  
I play them very often. I play PC games every day.

c/ PC games are good but I play them only sometimes.



# 10. Do you like PE?

a/ PE is my favourite subject.

b/ I hate PE. I don't like sports and PE at school.

c/ PE isn't bad but it's not the best subject.  
Some activities are great some are worse.



# 11. Do you go out?

a/ I sometimes go out with my friends. But not every day.

b/ I go out every day.

c/ I don't go out. I don't like to be outside.



# 12. Do you drink water?

a/ I never drink water. I don't like it.

b/ I sometimes drink water or mineral water.

c/ I often drink water. I like it.



# 13. Do you spend money in vending machines?

a/ I spend some money in vending machines but not very much and very often.

b/ I spend lots of money there.  
I buy sweets, drinks and other things every day.

c/ I don't buy things in vending machines.



# 14. Do you use facebook?

a/ I use facebook every day. I sit at facebook lots of hours.

b/ I never use facebook. I don't like it.

c/ I sometimes use facebook. I don't use it every day.



# Count your points:

1. a/3, b/2, c/1
2. a/1, b/3, c/2
3. a/1, b/3, c/2
4. a/1, b/2, c/3
5. a/1, b/2, c/3
6. a/2, b/1, c/3
7. a/2, b/1, c/3
8. a/3, b/2, c/1
9. a/3, b/1, c/2
10. a/3, b/1, c/2
11. a/2, b/3, c/1
12. a/1, b/2, c/3
13. a/2, b/1, c/3
14. a/1, b/3, c/2



# What's your lifestyle?



**42 – 35 points.**

Congratulation! Your lifestyle is great. You eat very well, you like sports and exercises. Don't change it.



**34 – 17 points.**

Not bad. Your lifestyle is OK but you must change some bad things.



**16 – 0 points.**

Stop! Your lifestyle is bad. You don't eat healthy food, you don't do sports and exercises. You must change your lifestyle.

## Použité zdroje:

- ◆ [www.office.microsoft.com](http://www.office.microsoft.com)

